Public Health

Needlepoint Stitch Guide

Target width: 6.0 inches

This guide includes patterns for:

12-count: 72 x 46 stitches (6.0" x 3.8")
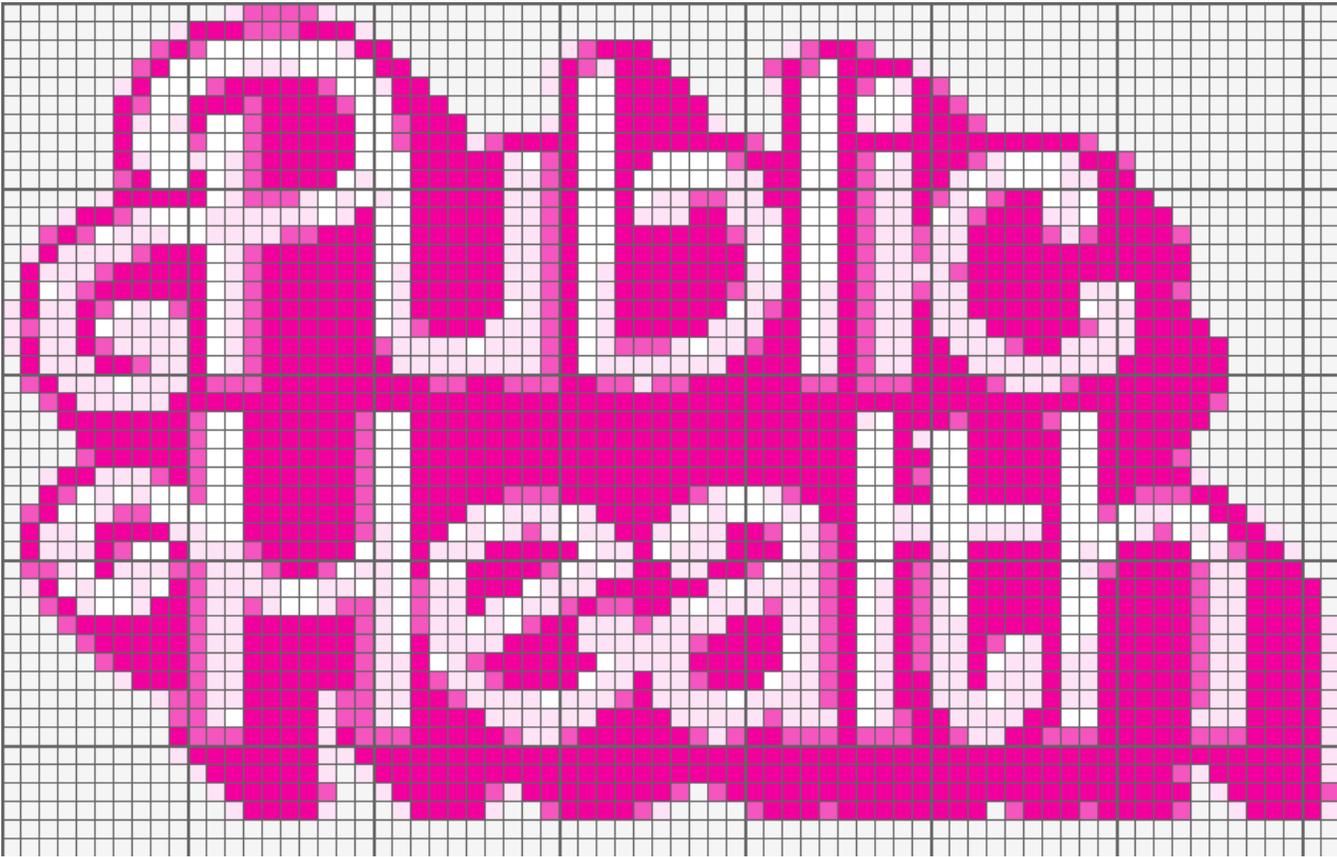
13-mesh: 78 x 49 stitches (6.0" x 3.8")

18-mesh: 108 x 69 stitches (6.0" x 3.8")

Printing Instructions

1. Print each pattern page at 100% scale (no scaling)

2. Verify size using the 1-inch scale bar

3. Transfer pattern to canvas

4. Each square = one stitch
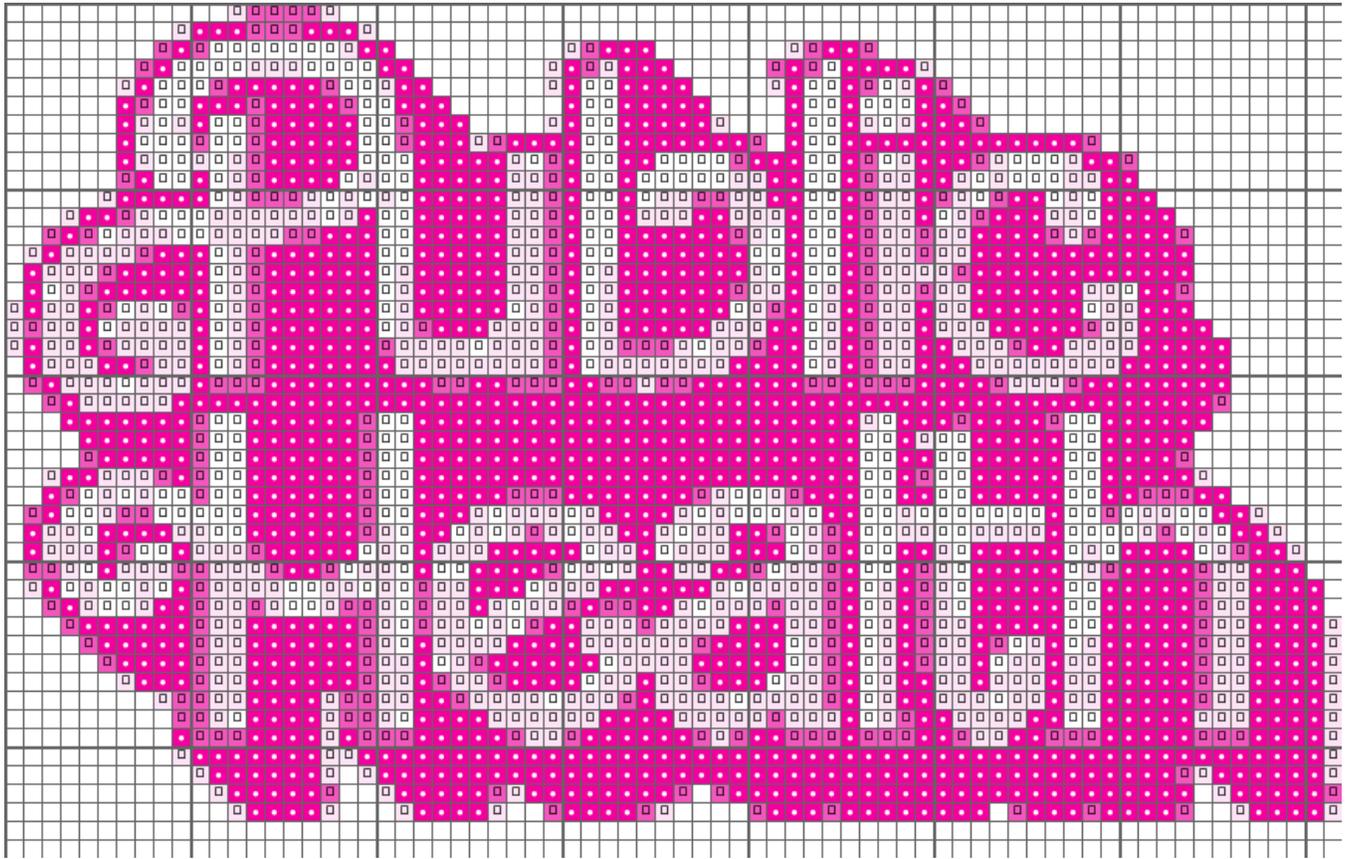
Public Health - Stitch Grid Preview

72 x 46 stitches (12-count reference)

Grid lines shown every stitch, with bold lines every 10 stitches

Public Health - Symbol Chart

72 x 46 stitches | 4 colors

Color Key

● RGB(242,0,158)	■ RGB(253,227,245)	▲ RGB(255,255,255)
◆ RGB(244,85,190)		

Public Health - 12-count

72 x 46 stitches | 6.0" x 3.8"

Public Health - 13-mesh

78 x 49 stitches | 6.0" x 3.8"

1 inch (verify at 100% print scale)

Public Health - 18-mesh

108 x 69 stitches | 6.0" x 3.8"